

# Spell Buddy

Grade 7

1,450 Words

Welcome serious spellers and aspiring competitive spellers! *Spell Buddy* books were designed to give you a 'boost' in building a word foundation that will *last a lifetime*.

After collecting and categorizing words from legions of sources for over 30 years, including the more recent years of Scripps' (National Spelling Bee) class and school bee lists, we have created a product that is timeless and 100% grade-appropriate for spelling and vocabulary enrichment. Past annual off-list words from Scripps' Class and School Pronouncer Guides can be found among these volumes. The *Spell Buddy* collection also includes words that have been ferreted, swapped, and shared among spellers, parents, coaches, and teachers for decades. Each word includes a phonetic pronunciation (unique to Hexco products) as well as an abbreviated definition.

With a 'key' located at the bottom of each page, our pronunciation scheme makes accurately pronouncing words far easier than reading straight from the dictionary. This provides a helpful to way to 'sound out' words and is ideal for young children, advanced spellers wanting to learn a large number of words quickly, and non-native English speakers.

*Spell Buddy* books are available in six distinct volumes (Grades 1-2, 3-4, 5, 6, 7, 8), so students can master words within his or her own grade level and beyond. The full collection of *Spell Buddy* books encompasses 8,000 words and there are no duplicates, although different forms of certain words are used on occasion. For example, *adult* is included in the Grade 1 list and *adulthood* is included in the Grade 5 list. We have allowed some of these instances because many words are formed by parts of other words and this process of mental 'matching' is part of what makes a good speller. For years, we have recommended that a student who is interested in competitive spelling should build a foundation of at least 10,000 words in order to have a fair chance at placing in a spelling bee. *Spell Buddy* books were written to provide a substantial launching point for future competitive spellers and can serve to energize all levels of students to use a greater variety of words.



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# Welcome Speller!



The *Spell Buddy* Schedule on the following page is to help you create a plan to methodically learn all the words in this book. If you are in a spelling club, or are studying with your class, a teacher or coach may assign your Start Dates. The Star for each lesson may be colored in by you, your teacher, or parent once everyone agrees that you know the spelling and

meaning of all the words in your assigned list.

Remember the goal is to learn all the words in this book. If you learn all of the words in every *Spell Buddy* and their meanings you will have learned 8,000 words!

The words in this book have been used in school and class spelling bees for years, so rest-assured that you have a solid, time-tested list at your fingertips that good readers in each grade level should know. You will probably know some of these words, but the real trick is learning ALL of the words here, and then you can move on to more! Once you have mastered all of the *Spell Buddy* books, we have many, many more advanced products and word lists to challenge and interest you for a long time. Enjoy and good luck!

## THIS BOOK BELONGS TO:

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*Spell Buddy* research and editing by

**Linda Tarrant, Nancy Barnard, and Jennifer King**

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# My Spell Buddy Schedule

List	PAGE#	START DATE	END DATE	STAR	INITIALS
1	5	_____	_____	★	_____
2	7	_____	_____	★	_____
3	10	_____	_____	★	_____
4	12	_____	_____	★	_____
5	15	_____	_____	★	_____
6	17	_____	_____	★	_____
7	19	_____	_____	★	_____
8	22	_____	_____	★	_____
9	24	_____	_____	★	_____
10	27	_____	_____	★	_____
11	29	_____	_____	★	_____
12	34	_____	_____	★	_____
13	36	_____	_____	★	_____
14	39	_____	_____	★	_____
15	41	_____	_____	★	_____
16	44	_____	_____	★	_____
17	46	_____	_____	★	_____
18	48	_____	_____	★	_____
19	51	_____	_____	★	_____
20	53	_____	_____	★	_____

# Spelling Made Fun!

## Tips and ideas for Spelling Clubs, Coaches and Parents

Are you thinking of hosting your own Spelling Club or do you wish to use *Spell Buddy* as a coach or parent? *Spell Buddy* books are divided into 20 lessons to assign lists of words to students in each grade level. We recommend allowing 1-2 weeks for students to study each lesson. Be sure to have regular meetings to test students with mini-spelling bees and other word activities as described below.

### CONDUCT MINI-SPELLING BEES

**Assign a group of words for a one or two week period, and at the end of that time, host a mini-spelling bee.**

1. For the first spelling bee, stick to the words in the first group assigned. Allow students to ask for repeated or additional pronunciations, use in a sentence, or language of origin (at the higher levels), which are available in our *Coach's Manual*.
2. For subsequent bees, start with a round of Lesson 1 words, work up thru all the groups studied, and end with words from the current group.
3. Teach protocol of speaking each word to ensure that the speller is hearing the right word, asking questions, spelling the word, and repeating the word.
4. Ensure the spellers know they may restart, but may not change order of letters.
5. Eventually, as the spellers are mastering more words, give them words from a group that they have not studied to teach them how to field unfamiliar words.

### CREATE WORD ACTIVITIES

**Suggest activities with the words in the group, such as the following.**

- Pick 6 words and have spellers write a colorful sentence with all 6. Repeat.
- Create word searches to ensure spelling is mastered (find puzzle makers online).
- Create crossword puzzles to amplify learning vocabulary.
- Have student(s) write a newspaper article using 10 to 20 of the words.
- Make matching games with the words and meanings.
- Select words in a group and have the spellers "collect" rhyming words or synonyms.
- Select words for which students are to find additional meanings in dictionary.
- Encourage spelling notebooks and collections of words outside these lists.
- Encourage organizing words in groups, like food words, verbs, positive words, etc.

### LEARN WORD MEANINGS

For each group of words, pick out the words with more difficult or obscure meanings and write multiple-choice questions in a test format for the spellers. Then pick out another group of words and have each speller write a dozen of such questions for the rest of the group like the following.

- What is the meaning of *truce*?
- Which of the following is NOT a synonym for *adage*?
- Which of the following is a definition for *epic*?



## How do I learn the *Spell It* list?

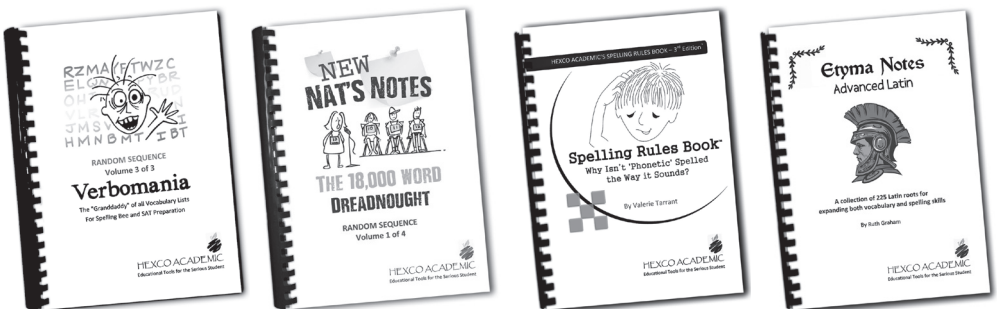
Since the *Spell It* list is a longer, more challenging list of words, consider picking up a copy of *Valerie's Supplement* and/or *Hexco's Spelling Flips* or *eMentors* to learn *Spell It*. *Valerie's Supplement* is easy to carry in a backpack (6" x 9") and the words in this list also contain phonetic pronunciations, definitions, and parts of speech. *Spelling Flips* and *eMentors* contain the same information with etymology and sentences.

- Learn all 1,100+ words and their definitions -- a tall order!
- Ask someone to quiz you to check your mastery of spelling and vocabulary.
- Make a spelling notebook or computer file of words that are difficult for you.
- Ask someone to quiz you on definitions to check mastery.
- Continue until you have mastered the entire list for spelling and vocabulary.

## How do I prepare for the off-list words?

County, district, state, region bees, and the National Bee often rely on off-list words, or words that are not provided on any official study list to help determine a winner. We recommend that you study any of the following to build your word foundation from the 8,000 in the *Spell Buddy* books to 10,000 to 15,000 words. The following are our premier products for advanced study.

- *Verbomania*, *VerboFlips* or *Verbo eMentors* - 13,000+ vocabulary-enriching words
- *New Nat's Notes*, *NewNatsFlips* or *NewNat's eMentors* - 18,000+ difficult words
- *Paideia* words 2006 (4,100 words) & 1999 (3,400 words) *Valerie's Supplement Classics*, *Flips* or *eMentors* (*Paideia* was the Scripps' annual study list from 1993 to 2006)
- *Spelling Rules Book* study along with above lists or with a searchable dictionary
- Latin and Greek element study with *Spelling Rules Book* or *Etyma* products



Find these products and more on our website at [www.hexco.com](http://www.hexco.com)  
software • online study • professional spelling coaching

Have questions on our products or need recommendations?  
Just call **830.367.3825** or email [hexco@hexco.com](mailto:hexco@hexco.com)

**technologist** <tek.NAHL.uh.jist>  
n / one who specializes in applying science to commercial ventures

**perpetrate** <PUHR.puh.trayt>  
v / commit a crime, cause an error

**insinuation** <in.sin.yuh.WAY.shuhn>  
n / accusation; implication; suggestion

**unpredictable** <uhn.pree.DIK.tuh.buhl>  
adj / not able to be discerned in advance or foretold

**flexibility** <flek.suh.BIL.uhd.ee>  
n / quality of being pliable

**orchestrate** <AWR.ki.strayt>  
v / combine or arrange so as to achieve a desired effect

**wickerwork** <WIK.uhr.wuhrk>  
n / creation built of intertwined branches or twigs

**obeisance** <oh.BAYS.uhns>  
n / gesture of respect, such as a bow or curtsy, deference, respect

**reciprocate** <ri.SIP.ruh.kayt>  
v / requite, return, interchange

**inclusion** <in.KLOO.zhuhn>  
n / act of being placed as a part of something

**appetizing, appetising** <AP.uh.tii.zing>  
adj / appealing by taste or aroma; palatable

**infantile** <IN.fuhn.tiil>  
adj / childish

**comparative** <kuhm.PEHR.uh.div>  
adj, n / having some degree of relationship to something else

**disproportionate** <dis.pruh.PAWRSH.nit>  
adj, v / not having balance and harmonious symmetry

**sciolistic** <sii.uh.LIS.tik>  
adj / displaying of knowledge without substantial foundation

**birthright** <BUHR.thriit>  
n, adj / privilege to which a person is entitled by his inheritance

**micrometer** <mii.KRAHM.uhd.uhr>  
n, v / device used to measure extremely small thicknesses; measurement

**jack-in-the-box (J)** <JAK.in.thuh.bahs>  
n / child's toy that pops open when it is wound up

**wrongheaded** <RAHNG.hed.id>  
adj / stubbornly clinging to incorrect opinion

**compromise** <KAHM.pruh.miiz>  
n, v / settlement of differences by mutual agreement

**sovereign** <SAHV.ruhn>  
n, adj / supreme leader of a limited sphere; excellent, paramount, absolute

**terminology** <tuhr.muh.NAHL.uh.jee>  
n / nomenclature

**accurately** <AK.yuh.rit.lee>  
adv / in a manner that is correct or free from error

**excavation** <eks.kuh.VAY.shuhn>  
n / act or process of digging something out

**bloodcurdling** <BLUHD.kuhrd.ling>  
adj / horror-filled

**fabricate** <FAB.ri.kayt>  
v / manufacture or produce

**pilgrimage** <PIL.gruh.mij>  
n, v / journey to a place of historic, religious or sentimental interest

**expropriate** <ek.SPROH.pree.ayt>  
v / take possession of something away from another

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♡ Love the Language ♡



Is a **sciolistic** person well-respected? Why or why not?

Name an act of **obeisance** that is not included in the definition.

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## LESSON 14

You already know: 975 words  
YOU'RE A REAL TROOPER!

- foreboding** <fohr.BOHD.ing>  
adj, v, n / marked by suggesting or predicting what is to come
- oversubscribe** <oh.vuhr.suhb.SKRIIB>  
v / promise to distribute more than are available
- retractile** <ri.TRAK.tuhl>  
adj / capable of being pulled in or drawn back
- waistline** <WAYST.liin>  
n / arbitrary circle around the body between the trunk and pelvic area
- ritualism** <RICH.wuhl.iz.uhm>  
n / use of ceremony; excessive devotion to ceremony
- balloonist** <buh.LOON.ist>  
n / one who rides in large inflated conveyances powered by hot air
- grievance** <GREE.vuhns>  
n / wrong that is either real or fancied
- bailiwick** <BAY.li.wik>  
n / jurisdiction, area or field of authority
- simplicity** <sim.PLIS.uhd.ee>  
n / lack of complexity, plainness
- temperament** <TEM.pruh.muht>  
n / disposition, inclination
- possessive** <puh.ZES.iv>  
adj, n / having the desire to hold something as one's own
- altercation** <awl.tuhr.KAY.shuhn>  
n / argument or noisy dispute
- privileges** <PRIV.uh.lij.iz>  
n, v / advantages granted
- telescopic** <tel.uh.SKAHP.ik>  
adj / relating to the magnification of distant objects, farseeing
- proliferate** <proh.LIF.uh.rayt>  
v, adj / increase in number
- elimination** <i.lim.uh.NAY.shuhn>  
n / act of removing or expelling
- amphibian** <am.FIB.ee.uhn>  
n, adj / animal adapted to life both in water and on land
- metabolism** <mi.TAB.uh.liz.uhm>  
n / all of the processes concerned with the chemical changes in digestion
- ombudsman** <AHM.budz.muht>  
n / one who handles complaints
- northeasterly** <nawr.THEE.stuhr.lee>  
adj, adv, n / from the opposite direction of southwest; wind from that direction
- gristmill** <GRIST.mil>  
n / apparatus for grinding grain
- pragmatism** <PRAG.muht.tiz.uhm>  
n / matter-of-factness, practical way of treating things
- generality** <jen.uh.RAL.uh.dee>  
n / vague statement of condition
- appearance** <uh.PIR.uhns>  
n / act of becoming visible; process of coming into existence
- lamentable** <LAM.uhn.tuh.buhl>  
adj / deplorable, mournful
- internist** <IN.tuhrn.ist>  
n / specialist in treating disease associated with organs within the body
- mimicking** <MIM.ik.ing>  
v / aping, ridiculing by mocking another
- occipital** <ahk.SIP.uh.duhl>  
adj, n / relating to the area near the back of the head
- harmfully** <HAHRM.flee>  
adv / in an injurious manner; in a damaging manner
- stanchion** <STAN.chuhn>  
n, v / upright post or support; device around a cow's neck to limit motion
- greathearted** <grayt.hahrt.id>  
adj / courageous; characterized by generosity

## LESSON 15

You already know: 1050 words  
ASTRONOMICAL!

**radicalism** <RAD.i.kuhl.iz.uhm>  
n / type of extremism; doctrine favoring  
fundamental or revolutionary changes

**nonentity** <nahn.ENT.uhd.ee>  
n / one entirely undistinguished;  
something existing only in imagination

**predatory** <PRED.uh.tohr.ee>  
adj / using violence and plunder for one's  
own gain, harmful

**noteworthy** <NOHT.wuhr.thhee>  
adj / deserving special attention

**fourscore** <FOHR.skohr>  
adj / being 80

**linguistic** <ling.WIS.tik>  
adj / pertaining to language and its study

**apparition** <ap.uh.RISH.uhn>  
n / supernatural appearance, ghost;  
phenomenon

**intelligence** <in.TEL.uh.juhns>  
n, v / capacity to learn or understand

**buttermilk** <BUHD.uhr.milk> "  
n / sour liquid left behind after butter is  
churned out of milk

**wheelbarrow** <HWEEL.behr.oh>  
n, v / small cart with one tire between  
two handles for moving heavy loads

**stenciled** <STEN.sild>  
v / used perforated material to transfer a  
pattern onto another surface

**deforestation** <dee.fawr.i.STAY.shuhn>  
n / act of removing large stands of trees

**incumbent** <in.KUHM.buhnt>  
n, adj / one currently in office

**coalition** <koh.uh.LISH.uhn>  
n / union into a single group

**nonrandom** <nahn.RAN.duhm>  
adj / having definite pattern or sequence

**What is the opposite of *moderation*?**

***Fourscore* means 4 x 20. What famous  
speech uses the word *fourscore*?**

**cultivate** <KUHL.tuh.vayt>  
v / prepare soil to grow crops; encourage  
growth; improve

**microfilm** <MII.kruh.film>  
n, v / small photographic strip

**inferiority** <in.fir.ee.AWR.uhd.ee>  
n / state of being lower or of poorer  
quality

**interrogate** <in.TEHR.uh.gayt>  
v / question with thoroughness, examine  
in detail

**receiving** <ri.SEEV.ing>  
v / acquiring, accepting; greeting,  
welcoming

**moderation** <mah.duh.RAY.shuhn>  
n / temperateness; regulation

**quick-tempered** <kwik.TEM.puhrd>  
adj / easily made angry, irascible

**quotation** <kwoh.TAY.shuhn>  
n / popular or noted saying; excerpt of  
someone else's writing or speech

**disastrous** <diz.AS.truhs>  
adj / ruinous, very unfortunate

**characterize** <KEHR.ik.tuh.riiz>  
v / depict or describe a person's  
personality or traits

**demonstration** <dem.uhn.STRAY.shun>  
n / act of showing proof or merit of  
something

**phenomena** <fi.NAHM.uh.nuh>  
n / facts or events of scientific  
importance or interest; rare events

**radioactivity** <rayd.ee.oh.ak.TIV.uh.dee>  
n / property of certain elements to emit  
alpha and beta rays spontaneously



**inspiration** <in.zpuh.RAY.shuhn>  
n / act of influencing a person's emotions

**overactive** <oh.vuhr.AK.tiv>  
adj / being excessively energetic

**isolation** <ii.suh.LAY.shuhn>  
n / action of being separated

**precipitate** <pri.SIP.uh.tayt>  
v, n, adj / hurl; cause to happen

**gazetteer** <gaz.uh.TIR>  
n, v / geographical dictionary

**sanitation** <san.uh.TAY.shuhn>  
n / act of making something clean for health purposes

**triathlon** <trii.ATH.luhn>  
n / contest with 3 parts that usually includes running, swimming, and biking

**instantaneous** <in.stuhn.TAYN.ee.uhs>  
adj / occurring at the same time

**nonpoisonous** <nahn.PAWIS.nuhs>  
adj / not apt to kill or severely damage someone's health

**recurrence** <ri.KUHR.uhns>  
n / periodic returning, reappearance of a disease

**propriety** <pruh.PRII.uhd.ee>  
n / quality of being suitable, proper or fitting

*Congratulations! You learned all of the words in this book!*

## Three learning styles - What is yours?

Most people fall into one of the three styles of learning abilities: those who learn through visualization, those who learn by hearing, and those who require activity to learn. Your first step is to identify which type of learning style best suits your speller. There are some tests on the Internet to determine this.

- **Visual learners** account for about 65% of the population. These have strong visualization ability and relate best to written information. These are note-takers, and learning takes place in writing information.
- **Auditory learners** account for about 30% of the population, and this group learns best listening to a presentation or recording of words. These typically have an appreciation for language and a large vocabulary.
- **Tactile or kinesthetic learners** acquire knowledge most effectively through touch, movement and spatial involvement. Only about 5% of the populace falls in this category.

The ability to remember and master words is a slow process and there are actually 3 parts to this process:

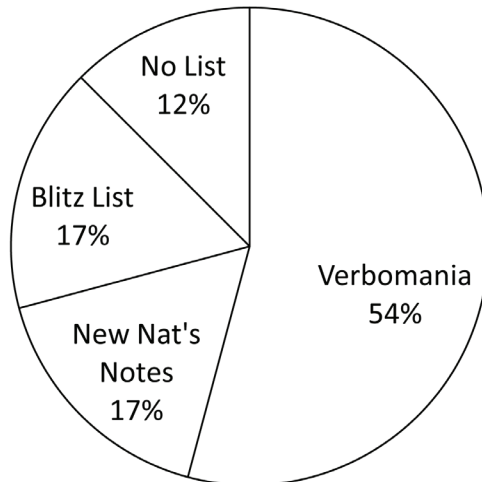
1. ACQUISITION - act of gaining information to be retained for some period of time
2. RETENTION - period of time information is retained
3. RETRIEVAL - reactivation of retained information

Learning and committing a large number of words and meanings to a knowledge bank is a daunting task. However, this is a vital building block to an expansive and flamboyant vocabulary with a lifetime of rewards in communication skills. The right approach to this task is to take it in bite-sized pieces starting with this book -- and keep learning more words! You can do it!

solvable, 16	superimpose, 53	theology, 15	tuffet, 16	vandalism, 37	wetland, 23
sonnet, 24	superintendent, 33	theorem, 10	turret, 23	variability, 40	whalebone, 33
sonority, 12	superlative, 45	thirtieth, 27	tyrannical, 36	variegated, 53	wheelbarrow, 41
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stalagmite, 33	synthesis, 47	townspeople, 36	unfetter, 13	viewpoint, 33	workmanship, 37
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steered, 18	taxpayer, 24	transgression, 37	unison, 10	vision, 9	yokefellow, 42
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sublime, 21	temporal, 16	trilogy, 9	untrustworthy, 50	warden, 12	zither, 16
submissive, 45	temptation, 46	triplicate, 47	unwieldy, 22	wasteland, 43	zoning, 20
substantial, 25	tenderhearted, 40	tripod, 21	upstanding, 52	watchfulness, 44	
subtropical, 32	tentacle, 14	trite, 6	upsurge, 16	watercress, 47	
succession, 27	terminate, 46	triumphant, 42	urgency, 23	waterproof, 27	
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sunscreen, 47	territorial, 32	trowel, 9	validate, 15	weirdest, 13	
superabundant, 51		tubercular, 40	valorous, 15	wellness, 10	

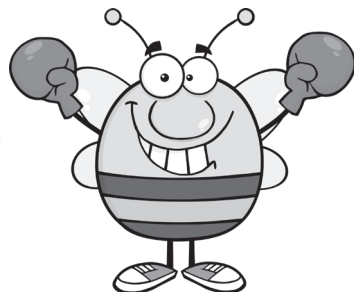
## Words in Hexco Products - Round 1

### 2013 National Spelling Bee



# How does a speller reach mastery of words?

It takes time to commit a word to one's reading or writing memory, and still longer to incorporate it into a speaking vocabulary. New bits of information can be overwhelming if seen as random facts. Understanding and retention are highest when new material is approached as naturally connected to something familiar. In other instances, an artificial link or memory hook can be created based on the interests of the learner.



Here are some tips to help you improve your memory for the spelling of words.

- Hone in on surprising information, like, our phone number is 1-800-PAJAMAS.
- Repeat and repeat -- initial repetition assures short-term memory.
- Surround yourself with words that are challenging; use sticky notes on the bathroom mirror or flashcards on your night stand. Seeing a word many times enhances the possibility of moving to reference memory.

**Context clues or mnemonics aid retention, and these can be humorous and imaginative.**

- Exaggerate the difficult or confusing part of a word, as there are *balls* in *ballistics*.
- Add sounds, taste, smell, feeling, movements, and pictures to mnemonic aids.
- Learn language roots and patterns
- Relate unfamiliar words to familiar ones; virtuosity - virtue or reservoir - reserve.

See *flamboyant* as a boy following an ant with a flaming torch. *Permit* comes from Latin word *per* meaning *through* and *mitto/mittere* meaning *send*, hence *send through*. *Penultimate* is derived from *paene* meaning *almost* and *ultimus* or *ultimatum* meaning *farthest*, hence *almost the farthest* or *almost the last*.

## How many words are in each grade of *Spell Buddy*?

- Grade 1 - 550 words
- Grade 2 - 600 words
- Grade 3 - 675 words
- Grade 4 - 775 words
- Grade 5 - 900 words
- Grade 6 - 1100 words
- Grade 7 - 1450 words
- Grade 8 - 1950 words

**Spell  
Buddy**

**8,000 words!**

**Need more words?** Once you have mastered all *Spell Buddy* volumes, try any of our 1999 or 2006 *Paideia* products or our *Verbomania* products. These will prepare you for our most difficult lists, which are *New Nat's Notes* and *Blitz List*.

**Learn all *Spell Buddy* words and more!**

**Did you know?** There are 8,000 words in all 6 *Spell Buddy* volumes, and most have been used in official school and classroom spelling bees.